



Ojo Caliente Mineral Springs Resort & Spa Fact Sheet

Celebrating more than 140 years as one of the oldest natural health resorts in the U.S.

- Location** Ojo Caliente Mineral Springs Resort & Spa is located in Ojo Caliente, New Mexico, 50 miles north of Santa Fe and 40 miles South West of Taos. The Springs property consists of 1100 acres and is adjoined to thousands of acres of national forest and public land. Shop- and gallery-filled historic centers of Santa Fe and Taos are short drives to the resort. Private planes and small jets can fly into Santa Fe Airport or Taos Municipal Airport.
- Address** Ojo Caliente Mineral Springs Resort & Spa
P.O. Box 68
50 Los Baños Drive
Ojo Caliente, New Mexico 87549
- Website** www.ojospa.com email: guestrelations@ojospa.com
- Hours of Operation** Resort is open 365 days per year.
Hot Springs daily: 8:00AM to 10:00PM
- Reservations** (800) 222.9162 (505) 583.2233
Fax (505) 583.2045
- Resort Management** Owners/Stewards: The Scott Family
General Manager: Andy Scott
- Opened** **2008 marked the 140th anniversary when Antonio Joseph opened Ojo Caliente Mineral Springs as a Health Spa in 1868**
- 2007 marked the 200th anniversary when Zebulon Pike discovered Ojo Caliente Mineral Springs in 1807
- Historic Bathhouse, built 1868*
Historic Hotel, built 1916*
Adobe Round Barn, built 1924*
* Listed on the National Registry of Historic Places

Description **Ojo Caliente Mineral Springs’ is one of the oldest natural health resorts in the country, and the only hot springs in the world with a remarkable combination of four different types of mineral waters.** Our sulfur-free, geothermal mineral waters have flowed from a subterranean volcanic aquifer for thousands of years. Over 100,000 gallons per day come to the surface, revitalizing those who soak in the long-believed, healing waters.

Philosophy SPA is the acronym for the Latin phrase “Salus Per Aquas”, which means “health through water”. The very essence of the words is the reason we are here. As stewards of the mineral springs, we realize the waters of Ojo Caliente Mineral Springs are our most precious resource and are older than any language used today. For centuries people believed in the curative powers of these waters. Today we are committed to honoring the history of Ojo Caliente as a place of healing and to share the magic of Ojo with all of those who seek it.

Stewardship for Sustainability At Ojo Caliente Mineral Springs, we continue our commitment to the environment and water conservation. Our geothermal system uses the energy from the hot mineral water after it has flowed through our pools to heat and cool our buildings. This system requires one-tenth the energy of conventional systems to operate. All of our domestic waste water is treated through a unique microbiological process at our on-site water treatment facility to ensure the highest possible purity before it is reintroduced to the land. It is also our priority to utilize the most progressive green building techniques and materials in all of our new construction and remodeling.

Mineral Springs and Pools Deemed sacred by the Native American tribes of Northern New Mexico, Ojo Caliente Mineral Springs & Spa has been a gathering place and a source of healing for hundreds, even thousands of years. Our ten pools are filled with different types and combinations of waters including Lithium, Iron, Soda, and Arsenic, with temperatures ranging from 80-109 degrees.

The Lithia Spring: Located at the heart of the springs, the historic pump has been dispensing this unique water since the nineteenth century. Lithium is believed to produce positive effects in mental balance, relieve depression and aid digestion.

The Iron Spring: A Native American legend tells that the giant rock in the iron pool guards the place where the ancient people of the mesa once received food and water during times of famine. The warm, iron-rich water bubbles up from the natural pebble floor, providing hot spots to discover in this mystical outdoor cliffside pool. Iron is considered to be beneficial to the blood and immune system, prevent fatigue and promote healthy skin tone.

The Soda Spring: The rock walls in the enclosed soda “steam” pool create a soft echo providing a sense of calm and relaxation. Water from the Soda Spring is known to relieve digestive problems, and relieve arthritis symptoms.

The Arsenic Spring: The arsenic water is believed to be beneficial for relief from arthritis, stomach ulcers and to heal a variety of skin conditions. Water from the iron and arsenic springs is blended in various pools throughout the property.

Private Outdoor Pools: We've created the perfect environment for those yearning to bathe au naturale under big blue skies by day or on a stunning starlit night. Escape to one of our three secluded and private outdoor pools complete with kiva fireplaces and create your own Ojo experience. Reservations are required.

The Mud Pool: Take the chance to be a kid again. Where else can you slather mud all over your body and bake in the sun until done? As our special blend of clay dries, toxins are released from the pores of your skin and you come away feeling cleansed and refreshed. The mud pool is open seasonally May through October, weather permitting, to guests 13 and older.

How Water Comes to the Surface

The sulphur-free, natural mineral springs originate from rain water and run-off from the snow-laden valleys of Northern New Mexico which are collected in deep, underground aquifers. An aquifer is a layer of soft rock, like limestone or sandstone that absorbs water from an inlet path. Volcanic pressures return the heated water through the various rocks and soils that determine its mineral content. The combination of lithium, iron, arsenic and soda is found nowhere else in the world.

Water & Pool Maintenance

The New Mexico Environment Department regulations for all hot springs in the state were revised in 2008. OCMS works diligently to stay well within these requirements, maximize water quality and optimize our bathers' experience. Examples of a few methods that we employ in our efforts in maximizing water quality include: maximizing pool flow and turnover rates; draining, thoroughly cleaning and refilling all of our non-chlorinated pools at least three times weekly; using ozone and ultraviolet light for sterilization of our waters; the filtration of our waters; and maintaining a rigorous and regular microbiological water testing protocol to monitor water quality and insure adherence to the regulation's standards.

All of the pools are drained, thoroughly cleaned and refilled three times per week. We feel very strongly about our responsibility to the public to protect the health and well-being of our guests.

The Large pool is a chlorinated pool with a filtration system. The Mud pool is drained and cleaned daily. These recently developed regulations and corresponding practices have resulted in Ojo's waters being cleaner than ever!

The Spa

Combining a soak in our healing waters with one of our natural spa treatments provides the ultimate relaxing experience for both mind and body. The diverse spa menu offers an array of soothing and restorative treatments including nurturing massage and body treatments, hydrating facials and conditioning pedicures. Guests continue stress and tension relief in our state of the art STEAM AND SAUNA ROOMS.

Ojo Caliente Signature Spa Services:

The Milagro Relaxation Wrap (“Milagro” is Spanish for miracle): This dry blanket wrap is an Ojo original. We encourage guests to soak in our geothermal waters first to increase their core body temperature. Then we wrap the guest, first in a light cotton blanket, then a heavier wool blanket, which accelerates the release of toxins from the body. As the guest lays in this warm relaxing cocoon, Native American flute music is played softly in the background.

The Moor Mud Wrap: After a stimulating dry body brush, our guest is wrapped with mineral-rich, Moor Mud, to soften, tone and purify the skin. After a warm, herbal scalp massage, we invite the guest to soak in a private bath filled with a mixture of our mineral waters for 15-20 minutes, allowing the Moor Mud to disperse in the water.

The Earth Keepers Hot Stone Massage: This massage uses indigenous stones from the Rio Grande riverbed. We invite the spirit of the Native American Earth Keepers to enhance the healing power of the massage with warm oil and these heated stones to relieve tension, ground the psyche, and rebalance the energy systems of the body.

We also feature a series of spa treatments using SUNDÂRI Skin Care. SUNDÂRI is a collection of Ayurvedic-inspired skin care products utilizing the powerful, regenerative properties of plants, herbs, roots, essential oils, and floral extracts.

Guest Rooms

48 rooms: 6 Cliffside Suites, 6 Pueblo Suites, 11 Plaza Cottages, 8 North Cottages, 15 Historic Hotel Rooms and 2 Private Homes.

In honor of Ojo’s 140th anniversary, we have enhanced our guests’ lodging experience with the addition of 12 new enchanting suites and 11 charming cottages. As stewards, we are proud to offer these upgrades to this historic property while maintaining Ojo’s unpretentious and tranquil environment.

Overlooking a beautiful plaza, the enchanting **PUEBLO AND CLIFFSIDE SUITES** are spacious with traditional New Mexican furnishings, wood burning kiva fireplace, microwave and refrigerator. The Cliffside Suites feature a uniquely private, outdoor, 2-person soaking tub filled with our legendary waters.

The newly built **PLAZA COTTAGES** are similar in design and decor to our Pueblo Suites with a back patio overlooking the plaza. Each cottage has a kitchenette with microwave, refrigerator and 2 queen-sized beds.

The charming **NORTH COTTAGES** are newly restored with delightfully cozy furnishings and finishes, plus kitchenettes with microwave and refrigerator.

Built in 1916, and celebrating its 92nd anniversary, the “new” mission-style adobe **HISTORIC HOTEL** is listed on the National Registry of Historic Places. Showers are not available in the hotel rooms as bathing has been done in the bathhouses since the resort opened in 1868.

Originally built in the early 1900’s, the **ADOBE HOUSE** has been lovingly restored to blend old world charm with the latest amenities. You’ll find saltillo tile floors, an open kitchen, dining room and living room, a large back deck overlooking the beautiful bosque and four bedrooms. The master bedroom has a kiva fireplace and large bath

Built in the 1930’s, **CASA DE OJO** is a bit of Ojo’s history. Eclectically furnished, it is centrally located on the property with amenities including three bedrooms, two full bathrooms, a complete kitchen and fireplace.

Under the cottonwoods, our **RV PARK** offers a private, quiet setting with electric and water hook-ups and a drop-station. **CAMPING** is adjacent to the RV Park, along the Rio Ojo Caliente River.

Services

Complimentary towels and robes are provided for lodging guests. Complimentary wireless internet access is available in the Plaza Cottages, Pueblo and Cliffside Suites, Spa Entrance, hotel lobby and Artesian Wine Bar.

Activities

Yoga classes are available for all levels. The diverse landscape in and around Ojo Caliente ranges from the lush river valley to stunning high desert mesas; all contain numerous hiking and biking trails introducing our guests to the rich heritage of northern New Mexico and historic ruins.

Groups & Retreats

We offer out-of-the-ordinary settings for conferences and retreats, company picnics, social gatherings and weddings. Our venues include our historic Adobe Round Barn, Yurt, Gathering Room, Meeting Room and the historic Santa Cruz Church. Contact Laurie Moreau, Group Coordinator at laurie@ojospa.com or (505) 583-3212.

Dining

The Artesian Restaurant provides a casual dining experience and charming atmosphere. Our chef blends local flavors with global cuisine to create a delightful menu that ranges from seasonal Southwestern favorites to a variety of international fare. The restaurant is located in the Historic Hotel and offers a full selection of wine and beer. The restaurant serves breakfast, lunch and dinner.

Wine Bar Located in the Historic Hotel adjacent to the Artesian Restaurant is the new Wine Bar & Lounge. The bar menu includes delicious homemade New Mexican pizzas, Angus beef, buffalo and organic garden burgers and green chile fries. Libations include a fine selection of local and imported wine and beer including Sterling Organic Sauvignon Blanc, Cakebread Chardonnay, Wild Horse & La Crema Pinot Noir plus agave wine margaritas. Beers include delicious New Mexican Monk's Abbey Ale, Santa Fe Pale Ale, Santa Fe Pen Porter and Rio Grande Poncho Verde plus lots of familiar favorites. Open seven days a week.

Climate Ojo Caliente enjoys low-humidity, moderate to seasonal temperatures ranging from 85° to 95° F in the summer; 60° to 70° in the spring and fall; colder in the winters.

General Policies **Children:** Our focus to provide a serene setting requires a concerted effort for parents wanting to experience Ojo Caliente with their children. Children under 13 years old are welcomed in the Large Pool only, with parental supervision, from 10AM to 6PM daily.

Bathing Suits: Bathing suits are required in all the public pools. Clothing is optional only in the private outdoor pools.

Pets : No pets permitted at the Springs with the exception of Service Dogs (cleaning fee charged if necessary). We strongly discourage guests from bringing a pet and leaving it unattended or tied to their car.

No Smoking Policy: Ojo Caliente Mineral Springs Resort & Spa is a non-smoking facility. Smoking is permitted in the large center parking lot only. No Smoking within 30 feet of any building.

Gift Shop Our El Mercado Gift Shop carries an interesting and eclectic mix of Ojo Caliente Mineral Springs Resort & Spa logo sportswear, hemp clothing, bathing suits, robes, sandals, and yoga wear, as well as an assortment of various sundries. The store also carries Ojo Caliente Mineral Springs private label face and body care line, plus ZENTS and SUNDARI skin care. There is also a lovely selection of handmade jewelry by local artists, as well as an extensive book collection focusing on the history and culture of New Mexico.

Credit Cards All major credit cards are accepted.

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